

# fresh deals

18 July 2017-23 July 2017



**\$2.49** /LB

**LOCAL  
PEACHES**

**SAVE 17%**



**\$1.99** /LB

**ORGANIC  
ZUCCHINI**

**SAVE 33%**



**\$2.99** /LB

**ORGANIC  
RED PLUMS**

**SAVE 25%**



**\$4.99** /LB

**ORGANIC  
PORTABELLA  
MUSHROOMS**

**\$1 OFF**



**\$2.99** /LB

**ORGANIC  
PINK LADY APPLES**

**SAVE 40%**



**2/\$5** EA

**ORGANIC  
ROMAINE HEARTS**

**SAVE 16%**



**\$3.99** /LB

**DELICIOUS  
RED CHERRIES**

**SAVE 20%**



**\$2.99** /LB

**ORGANIC RED AND  
GREEN GRAPES**

**SAVE 25%**



**\$3.99** EA

**ORGANIC  
RASPBERRIES AND  
BLACKBERRIES**

**SAVE 20%**



**\$2.99** /LB

**ORGANIC  
WHOLE CHICKEN**

**SAVE 25%**



**\$7.49** /LB

**GRAFTON  
ONE YEAR CHEDDAR**

**SAVE 25%**



**\$3.49** EA

**DELICIOUS  
PORK BACON**

**SAVE 13%**



**\$8.99** /LB

**PLAINVILLE SMOKED  
TURKEY AND  
VIRGINIA HAM**

**\$1 OFF**

**\$3 DINNERS - THURSDAYS 4-8pm**