

FREE WINE TASTING • WEDNESDAYS • 5:00 to 7:00



1.99 LB
ORGANIC
BOSC PEARS



2.99 LB
FRESH
HONEYCRISP APPLES



5.49 EA
ORGANIC
3LB BAGGED GALA
APPLES



2.99 EA
ORGANIC
BLACKBERRIES



4.99 LB
FREEBIRD
BONELESS BREAST
SAVE \$2



8.69 LB
BELGIOIOSO
PROVOLONE
SAVE \$1

\$5 Lunch Specials

weekdays • 11-2pm • order at the deli

Order Chicken & Dumplings for lunch this week, made with your choice of seasoned chicken or vegan chicken, sauteed vegetables, broth, and garnished with housemade dumplings, now available at the Deli.



\$5 LUNCH SPECIALS • WEEKDAYS • 11 - 2PM

fresh deals

JAN 2 - JAN 15, 2019



FRESH BROCCOLI
\$1.99 LB
ORGANIC

FRESH AVOCADO
3/\$5
ORGANIC

FRESH GRAPEFRUIT
99¢ LB
ORGANIC

...and a healthy new year!

A fresh start is a reachable goal with great deals on healthy, nutritious food and items for natural wellness.

Begin 2019 at the Durham Co-op!

SUPPLEMENTS
25% OFF
JAN 1-7

FRESH COLLARDS
2/\$4
ORGANIC

*Sales good while supplies last | **Durham Co-op Market**
1111 W. Chapel Hill St., Durham, NC 27701 | www.durham.coop | Open daily 7am-9pm
Everyone Welcome

BRUNCH • WEEKENDS • 7:00AM to 2:00PM



2.99 EA
ORGANIC GRAPE TOMATOES



2/\$6
ORGANIC CAULIFLOWER

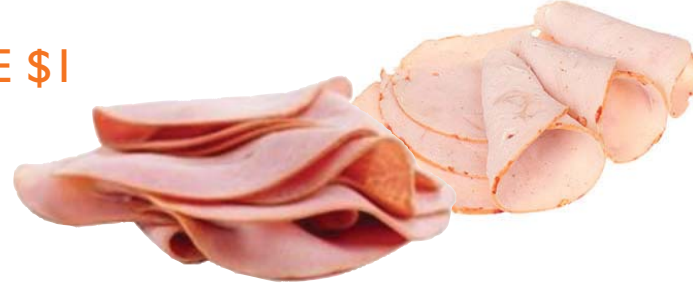
6.99 LB

CABOT MEDIUM CHEDDAR
SAVE \$1



8.99 LB

PLAINVILLE HONEY TURKEY & MAPLE HAM
SAVE \$1



monthly owner deal

AVAILABLE JAN 1 - 31 FOR ALL DURHAM CO-OP OWNERS*



FREE
smoothie, agua fresca, or lassi for all Durham Co-op Owners, available January 1st- 31st.

*Limit one per owner.

For the month of January, all Durham Co-op Owners get one free smoothie, agua fresca, or lassi of choice! All beverages are made in-house, and we offer a variety of tasty and refreshing flavors. Head to the coffee bar to enjoy your Owner Deal!

Not an Owner? Ask any staff member for details on how to sign up or head to www.durham.coop to learn more.

*limit one per ownership account

ALL VEGAN HOT BAR • MONDAYS • 4:00 to 8:00



1.29 LB
LOCAL APPLES SELECT VARIETIES



1.99 LB
ORGANIC NAVEL ORANGES

2/\$5

ORGANIC ROMAINE HEARTS



2/\$4

FRESH POMEGRANATES

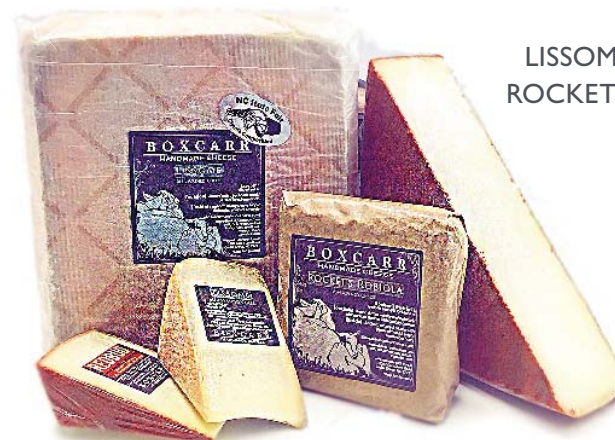
2.99 LB

FREEBIRD ORGANIC WHOLE CHICKENS
SAVE \$1



\$4 OFF LB

BOXCARR LISSOME, REDBUD, ROCKET'S ROBIOLA
LOCAL



SUPPLEMENT UP!
25% OFF, JANUARY 1ST - 7TH

Start your year off right by stocking up on all your essential vitamins, minerals, nutrients, and other dietary supplements, all 25% OFF from January 1st - 7th. Visit our Wellness Department to view our selection of natural, organic, and herbal options for a healthy new year!

\$5 LUNCH SPECIALS • M - F • 11 - 2PM

\$3 DINNERS • THURSDAYS • 4:00 to 8:00