**Sandwiches**

**The Arnette** $7.99
- Chicken or tuna salad, house-made mango relish, lettuce, tomato

**The Vegan Arnette** $7.99 **[vegan]**
- Un-chicken salad, house-made mango relish, lettuce, tomato

**The Gerard** $7.99
- Bacon, avocado, baby spinach, marinated roasted tomatoes, chipotle mayo

**The Vegan Gerard** $7.99 **[vegan]**
- House-made vegan turkey, avocado, baby spinach, marinated roasted tomatoes, vegan chipotle mayo

**The Erwin** $8.99
- Turkey, provolone, avocado, apple, carrot, tomato, bacon, sprouts, honey mustard

**The Vegan Erwin** $7.99 **[vegan]**
- Hummus, avocado, apple, carrot, tomato, sprouts, honey mustard

**The Club** $8.99
- Roasted turkey, provolone, bacon, lettuce, marinated roasted tomatoes & pesto mayo

**The Brewster** $8.99
- Roast beef, swiss, sauerkraut, dijon mustard

**The Kent** $8.99
- Black Forest ham, salami, provolone, lettuce, onion, tomato, kalamata mayo

**The Gattis** $8.99
- Roast beef, cheddar, lettuce, tomato, onion, horseradish mayo

**The Morehead** $8.99
- Prosciutto, goat cheese, fig jam, baby spinach

**The Yancey** $7.99
- Black Forest ham, apple, cheddar, honey mustard

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**Breads and Extras**

**Bread Options**
- Seven grain
- Focaccia
- Spinach wrap
- Whole wheat
- Gluten free bread

**Extra Meat or Cheese 99¢**

**Vegan options available for turkey and mayo**

**Order any sandwich as a salad**

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**$5 Lunch Special**
- Order here • TODAY’S MENU • 11 - 2pm
**Toasts**

- **The Second Mouse** toasted: just melted cheese on toast, $1.99 single, $3.99 sandwich
- **The Advocate** : avocado, salt & pepper, $2.99 single, $4.99 sandwich
- **The Herman** toasted: black forest ham & melted munster, $2.99 single, $5.99 sandwich
- **The Great Garbanzo** : hummus, tomatoes, cucumbers & sprouts, $2.99 single, $4.99 sandwich

**Bagels**

- **The Schmear** : tasted with your choice of spread, $1.99
- **The Veggie** : schmear, any 4 veggies of choice, salt & pepper, $3.99
- **The Elvis** : peanut butter, banana, bacon, $4.99
- **The Up-Stream** : schmear, smoked salmon, capers, any 3 veggies of choice, $7.99

**Toppings**

- **cheeses & spreads extra $1**
  - cream cheese
  - vegan cream cheese
  - peanut butter
  - herb cream cheese
  - hummus

- **veggies extra 50¢**
  - tomato
  - cucumber
  - spinach
  - sprouts
  - onion
  - capers

- **other**
  - avocado $1
  - hard-boiled egg $1
  - meat $2
  - banana $1
  - smoked salmon $5
  - bacon, turkey, ham, roast beef

**Bread Options**

- seven grain
- sourdough
- whole wheat